
Contents

Preface to Third Edition (v)

Preface to First Edition (vii)

1. WORKPLACE SAFETY AND HEALTH – AN OVERVIEW 1-20

- Safety Management as a Profession 2
- Traditional Safety Management 3
- Accident Frequency and Severity Rates 4
- Safety Analysis 4
- Safety Culture 5
- Safety Policy Statements 6
- Systems Safety Engineering 7
- Occupational Hazards 8
- Systems Approach to Safety and Health 9
- Process Safety Management (PSM) 11
- Safety Whose Responsibility 12
- Emergency Preparedness 15
- Health Promotion 15
- Case 18
- Summary 19
- Discussion Questions 19

2. ACCIDENTS AND THEIR PREVENTION 21-66

- Anatomy of an Accident 22
- Causes of Accidents 26
- Theories on Accident Causation 28
- Approaches to Reducing Accidents 29
- Classification of Accidents 32
- Costs of Accidents 34
- Accident Prevention 38
- Safe Work Environment 41
- Job Safety Analysis 47
- Investigation of Accidents 49
- Ergonomics 51

(x) *Contents*

• Personal Protective Equipment (PPE)	53
• Risk Assessment	56
• Risk Perception	59
• Promotion of Health and Safety	59
• Basic Safety Programming	61
• Goals for the Future	62
• Case	63
• Summary	63
• Discussion Questions	65
3. DEVELOPMENT OF INDUSTRIAL HEALTH AND SAFETY	67-80
• Developments in Occupational Health	69
• Occupational Safety and Health in Britain	72
• Occupational Safety and Health in the USA	74
• Occupational Safety and Health in India	77
• Summary	80
• Discussion Questions	80
4. SAFETY AND HEALTH ORGANISATION	81-134
• Safety Organisation	81
• Conventional Safety Programming	82
• Safety Planning	83
• Safety Policies	84
• Safety Culture and Climate	89
• Safety Standards	90
• Safety Control	91
• Safety Promotion	91
• Safety Committee(s)	93
• Safety Specialists	95
• Safety Department	98
• Measuring Safety	101
• Safety Supervision	102
• Safety Responsibility	104
• Safety Inspection	106

• Safety Tours	108
• Safety Rules	109
• Safety Education and Training	110
• Safety Communication	114
• Safety Appraisal and Evaluation	116
• Safety Audit	120
• Health Programme	121
• Health Services	122
• Health Education	123
• Industrial Medical Department	124
• Mental Health in Industry	125
• Risk Management and Loss Control	128
• Record Keeping	130
• Research and Surveys	130
• TQM in Safety, Health and Environment	131
• Case 1	132
• Case 2	132
• Summary	133
• Discussion Questions	134
5. ORGANISATIONAL ROLE ON SAFETY AND HEALTH	135-148
• Role of Management	135
• Role of Employees	137
• Role of Trade Unions and Employee Representatives	138
• Role of Safety Organisation	138
• Behavioural Model for Safety	139
• Strategic Issues	140
• Accident/Injury Statistics	142
• Safety Training and Competence	142
• Safety Audit	143
• Safe Working Procedures	144
• Contract System	144

• Health-Related Issues	145
• Summary	148
• Discussion Questions	148
6. FIRE PREVENTION AND CONTROL	149-160
• Chemistry of Fire	149
• Classification of Fire	150
• Methods of Fire Extinguishment	150
• Fire Hazards	151
• Fire Explosion	153
• Fire Inspection	155
• Fire Safety	156
• First Aid and Emergency Procedures	158
• Summary	160
• Discussion Questions	160
7. OCCUPATIONAL HEALTH AND SAFETY	161-181
• Occupational Health	162
• Healthcare Services	163
• Occupational Physician	165
• Occupational Health in Developing Countries	167
• Occupational Safety	170
• Occupational Safety in Developing Countries	172
• Occupational Safety and Health in Small Undertakings	174
• Promoting Occupational Health	176
• ILO Strategy	176
• Case	178
• Summary	180
• Discussion Questions	181
8. INDUSTRIAL HYGIENE	183-198
• Genesis	184
• Industrial Hygienist	185
• Occupational Health Hazards	186
• Recognition of Hazards	190

• Occupational Diseases	191
• Work-Related Diseases	195
• Study Assignment	195
• Case	196
• Summary	196
• Discussion Questions	197
9. SAFETY IN CONSTRUCTION	199-224
• Characteristics	200
• Construction Hazards	203
• Causes of Accidents	204
• Prevention of Accidents	206
• Safety Legislation	209
• Accident Reports	210
• Safety Unit	210
• Role of Parties	211
• Safety Management	213
• Duties of Safety Engineer	215
• First Aid	216
• Safety Control and Regulations	216
• Safety Programme	218
• Construction Team	220
• Safety Programme Audit	221
• Summary	224
• Discussion Questions	224
10. HEALTH AND SAFETY AT WORKPLACES	225-250
• Factories	225
• Mines	231
• Ports and Docks	239
• Plantations	240
• Offices	243
• Buildings	245
• Transportation (Road)	247

• Study Assignment	249
• Case	249
• Summary	250
• Discussion Questions	250
11. ACCIDENT COMPENSATION STATUTES	251-260
• The Dangerous Machines (Regulations) Act, 1983	251
• The Public Liability Insurance Act, 1991	253
• The Employees' Compensation Act, 1923	254
• The Employees' State Insurance Act, 1948	257
• Summary	260
• Discussion Questions	260
12. SAFETY AUDIT	261-278
• Objectives	261
• Benefits	262
• Types	262
• Procedure	263
• Stages	263
• Functions	264
• Choice of the Auditor	265
• Coverage of Audit	265
• Safety Audit Questions	266
• Summary	276
• Discussion Questions	277
13. STRESS AT WORK	279-300
• Causes of Stress	280
• Costs of Stress	282
• Handling of Stress	282
• Sources of Stress and Control Measures	285
• Stress-Related Problems	289
• Stress Reduction	292
• Alcoholism	294
• Drug Abuse	296

• Smoking	296
• Case 1	297
• Case 2	298
• Summary	300
• Discussion Questions	300
14. ENVIRONMENTAL POLLUTION AND PROTECTION	301-326
• Air Pollution	302
• Water Pollution	303
• Noise Pollution	304
• Environmental Policies	308
• Environmental Programmes	312
• Pollution Control	314
• The Water (Prevention and Control of Pollution) Act, 1974	317
• The Air (Prevention and Control of Pollution) Act, 1981	318
• The Environment (Protection) Act, 1986	320
• Summary	324
• Discussion Questions	325
15. DISASTER MANAGEMENT	327-344
• Objectives of Disaster Planning	327
• Emergency Planning	328
• Disaster Preventive and Pre-emptive Measures	331
• Disaster Control Plan	334
• Development of a Contingency Plan	336
• Mutual Aid and Response Group (MARG)	337
• Bhopal Gas Disaster	338
• Summary	342
• Discussion Questions	344

APPENDICES

<i>Appendix A</i>	<i>Relevant Labour Laws</i>	347
<i>Appendix B</i>	<i>Health Safety and Environment</i>	359

Appendix C	<i>ILO Conventions Concerning Safety and Health in Construction</i>	363
Appendix D	<i>Model Guidelines on Construction Safety</i>	377
Appendix E	<i>Workplace Health and Safety Survey</i>	399
Appendix F	<i>Cases of Industrial Accidents</i>	405
Appendix G	<i>Safety Checklist and Safety Programme Rating Form</i>	413
Appendix H	<i>Environmental Legislation at a Glance</i>	419
Appendix I	<i>Glossary</i>	429
Appendix J	<i>Software on Industrial Safety</i>	441
BIBLIOGRAPHY		445
INDEX		449